

Who supports the Relationships, Sexual Health and Parenthood Programme?

The RSHP programme is led by Class Teachers.

All school staff involved in the programme have developed sound and trusted relationships with the children so that they feel comfortable and open when discussing the issues raised.



Helping your child

The support you give your child is an important part of the programme.

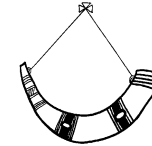
Details of your child's programme will be sent home before the lessons begin.

You can help by:

- Making yourself aware of the school programme
- Being open and honest with your children
- Giving your children the opportunity to speak about issues discussed in school *if they want to*.
- Contacting the school if you have any queries.
- Guidance and advice can be found on the excellent CORAM website with a section for parents detailing useful books and websites.

[Family SCARF – Growing and changing](http://coramlifeeducation.org.uk)
[\(\[coramlifeeducation.org.uk\]\(http://coramlifeeducation.org.uk\)\)](http://coramlifeeducation.org.uk)

CRATHES SCHOOL



SUPPORTING YOUR CHILD THROUGH RELATIONSHIPS, SEXUAL HEALTH AND PARENTHOOD EDUCATION PROGRAMME



Relationships, Sexual Health and Parenthood Programme at Crathes School

At Crathes School, RSHP is an important part of our Health and Wellbeing Programme.

If you would like to read our Relationships, Sexual Health and Parenthood Education Policy please contact the School Office or check our school website.



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The aim of our RSHP Programme is

- To help our pupils to make informed, responsible and healthy choices about their lives as they grow into adulthood.
- To do this by building up their confidence, self-esteem and knowledge as they go through school.
- Teach children about the physical development of their bodies as they grow into adults.
- Teach children about the way humans reproduce.

The Relationships, Sexual Health and Parenthood Programme

The RSHP programme at Crathes School is split into 4 main parts:

P1-3 (3 year programme)

P4 (annual programme)

P5 (annual programme)

Primary 6/7 (2 year programme)

Opportunities for questions to clarify understanding or misconceptions will always exist.

