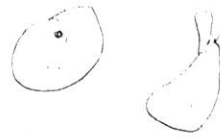


Health Committee



Playground Toys

We look after the playground toys. We check the box every term and replace any broken or missing toys.

We have also given the playhouse a spring clean!

The playground signs help us remember to tidy away the toys at the warning bell.

Health Committee

Jude Robb
Irvine McGregor
Alexia Bull
Aedan Dufton
James Crafts
Eam Donoghue
Lexi Ewing
Brodie McMillan
Johnny Foster
Willow Tait
Lewis Henshaw
Mollie Cormack

Healthy Snacks Assembly

We had a Healthy Snacks Assembly.

We used the Great Grub Club ways of getting healthy for our Assembly.

We told the children about the different ways of getting healthy including 60 minutes exercise a day, eat 5 fruit and veggies a day, drink water and get a good night's sleep.



Fruity Friday

We had a pop up healthy tuck-shop one Friday morning.

It was a great success selling our smoothies, watermelon, grapes, strawberries, apples, bananas and raisins.

We let people have a free taster of the smoothies so they could see if they liked them.

We sold our strawberries, raisins and grapes off really quick.

We have been informed that people are buying more smoothies now we have had our healthy tuck-shop.

We think our healthy tuck-shop was really good and we think we will do it again.

Skipping

We have started to do skipping days on Tuesdays at playtime. We decided to do that because it will keep everybody fit and healthy. Plus its great fun!

There are a lot of different skipping ropes for everybody. The ropes include the following: French ropes, elastic ropes, long ropes, ankle skips and ordinary ropes.

